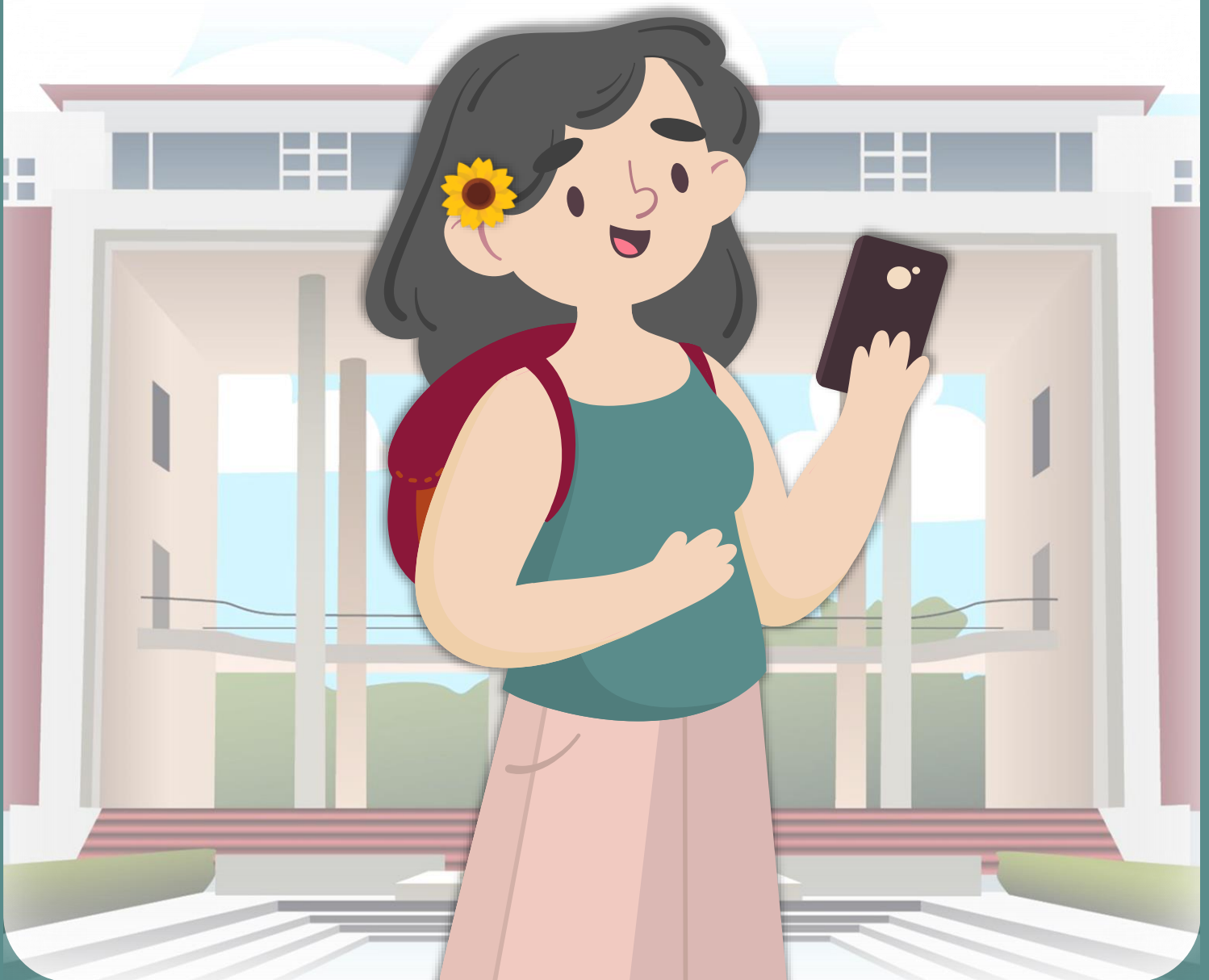




# FRESHIE GUIDE

UNIVERSITY OF THE PHILIPPINES DILIMAN  
**STUDENT AFFAIRS AND SERVICES**





UNIVERSITY OF THE PHILIPPINES DILIMAN  
OFFICE OF THE VICE CHANCELLOR FOR STUDENTS AFFAIRS

# Who we are

The University of the Philippines Diliman (UPD) Office of the Vice Chancellor for Student Affairs (OVCSA) assists the UPD Office of the Chancellor in promoting the welfare of and maintaining discipline among students. The UPD OVCSA is at the forefront of crafting and providing projects and activities that concern students and student services. Such are, but not limited to, food service, guidance and counseling, learning assistance and tutorials, scholarships, student complaints and grievances, student housing, student organization, and student ethics.

Recognizing the power and necessity of the voice of the studentry, the Office also participates in and promotes campaigns and initiatives led by the University's student sector in service of the Filipino people.

For any questions, the **AskUPD Student Help Desk**, under the OVCSA, is a one-stop center for student concerns, where students can seek information and advice on academic matters and student support programs offered by the University.



8981-8500 loc. 2587-2588



ovcsa.upd@up.edu.ph



ask.upd@up.edu.ph



@ovcsa.upd



@ask.upd



@updilimanovcsa



@AskUpd

# Scholarships and Grants

The Office of Scholarships & Grants delivers student services which are significant in fulfilling the University's mandate to support all UP students as agents of national development. OSG provides various financial assistance to the Iskolar ng Bayan and continues the implementation of the financial assistance programs, policies and guidelines as approved by BOR. The staff is trained to help in counseling students in obtaining financial support and also supports UP Diliman units in need of student services through the SAGA Program.

## **Student Learning Assistance System (SLAS)**

The SLAS is an expansion of the Student Financial Assistance Online (SFA Online). The expanded System will gather information on students' financial capacity, connectivity situation and connectivity options, and learning assistance requirements to help the University determine the support to be extended to the applicant.

## **Private- and Government-funded Scholarship Grants**

Scholarships provide various modes of financial support, such as tuition subsidy, monthly stipends, book allowances and other semestral benefits that students will need to continue studying in UP. Scholarship grants are often based on merit as determined through the academic performance of the applicant.

## **Student Assistantships**

Student assistantships provide additional allowance for students who are willing to work in different offices of UP Diliman. Qualified student assistants can render service for a maximum of 120 hours per month at a rate of Php 60 per hour.

## **Student Loan**

Students who experience difficulties in relation to paying their tuition and other academic-related expenditures may apply for student loans at "student-friendly" payment schemes.

# Scholarships and Grants

## Financial Assistance for Student Contingencies Program

All officially registered students of UP Diliman and its extension campuses/programs, undergraduate and graduate students, cross-registrants, Juris Doctor students, and those enrolled for a second degree, in diploma, and/or certificate courses are eligible for financial assistance for medical expenses incurred due to accidents and illnesses for the duration of the COVID-19 pandemic. Read more [here](#).

## Adopt-a-Student Program

The Program, through the Diliman Committee on Scholarships and Financial Assistance (DCSFA) grants additional allowances to students with urgent financial needs during the semester. Depending on the financial status of the beneficiary, the committee can provide at least Php 2,000 per month to each qualified student.

## DOST Core Group

The Core Group attends to the DOST Scholars who are enrolled in UP Diliman. It monitors the scholars' academic performance, facilitates the release of their stipends and manages the Science and Technology Learning Assistance Program.



Office of  
Scholarships and Grants



89818500 loc. 4504-4506



osg.upd@up.edu.ph



Rm. 202, Institute for Small Scale  
Industries (ISSI), UP Diliman



@UPDilimanOSG

# Student Housing

UP provides comfortable, accessible, and affordable accommodations for underprivileged students and students from far provinces through the Office of Student Housing (OSH).

OSH manages twelve (12) residence halls on campus: six (6) are co-educational: Kalayaan, which is exclusive for freshmen; Kamagong, exclusive for graduate students; Ipil, Molave and Yakal for upperclassmen; and Balay Atletas for student athletes. Four (4) are exclusively for female students: Ilang-Ilang, Kamia and Sampaguita for undergraduates, and Sanggumay for graduate students. The Centennial Residence Halls are divided into Concordia B. Albarracin Hall for undergraduate male students and Centennial 2 for female undergraduate students.

Since the Academic Year 2020-21, because of the COVID-19 pandemic, conventional restrictions and dormitory application guidelines have been temporarily suspended. Molave and Kamia currently serve as temporary isolation facilities for mild and asymptomatic COVID-19 cases; and Yakal serves as housing for health care workers.



Office of Student Housing



8981-8500 loc. 4510



[osh.updiliman@up.edu.ph](mailto:osh.updiliman@up.edu.ph)



2/F Acacia RH, Jose P. Laurel Sr. Avenue cor. Apacible St, UPD



[@osh.updiliman](https://www.facebook.com/osh.updiliman)



# Student Housing



Kalayaan Residence Hall.



Molave Residence Hall / Silungang Molave. Photo from UP Diliman Information Office.

# Counseling and Guidance

The Office of Counseling and Guidance (OCG) is a support service to the academic programs of the University. It is one of the offices of the Vice Chancellor for Student Affairs (OVCSA). OCG's two main professional services are counseling and psychological assessment. It also coordinates the annual University Job Fair.

OCG's counseling services are available to help students adjust to University life, make important life choices, and embark on the task of defining and pursuing their life goals. Students either come voluntarily for individual counseling or are referred by their teachers and/or college. College referrals for intake interviews as well as processes for readmission and applications for non-major and shifting can also lead to counseling. Counseling can be done either individually or by group to address students' academic, career, personal, interpersonal, and family concerns toward overall improvement of their health, wellbeing, and outlook.

Know more about OCG's services [here](#).



Office of  
Counseling and Guidance



8981-8500 loc 4501/4502



ocg.updiliman@up.edu.ph



Room 3206, Pavilion 3 (2nd floor), CAL, UP Diliman

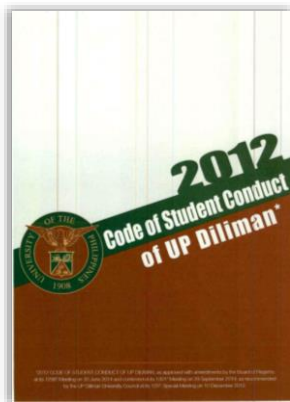


@ocg.upd

# Student Ethics

The Office of Student Ethics was a disciplinary body formed to help promote ethical student behavior and the values of Honor and Integrity as necessary complements to the pursuit of Academic Excellence, Social Responsibility, and Personal Development.

Formerly the Student Disciplinary Council (SDC) formed by the Chancellor under the administrative supervision of the Vice Chancellor for Student Affairs, the OSE is the disciplinary arm of the University, as per the **2012 UP Diliman Code of Student Conduct**.



The 2012 UP Diliman Code of Student Conduct can be accessed at [bit.ly/OSE21CSC](http://bit.ly/OSE21CSC).



Office for Student Ethics  
University of the Philippines-Diliman



89818500 loc 4509



ose.upd@up.edu.ph



Room 515 Melchor Hall,  
College of Engineering, UPD



@UPDilimanOSE



# Academic Services

The Diliman Learning Resource Center (DLRC) facilitates tutorial services for students through peer mentorship and peer learning groups. It gathers volunteer peer tutors to assist other students in Mathematics, Chemistry, Physics, Language, and other major subjects. Interested volunteers may sign up through <http://bit.ly/DLRCTutors> using their UP Mail account (name@up.edu.ph).

DLRC also facilitates Bridge Programs for Freshies, research support for graduating students, and the semestral Kapihan sa Diliman (or, its virtual version, the eKapihan sa Diliman), a two-week program that offers a 24/7 study hub for students during the finals week. During the eKapihan, virtual peer tutorials of different subjects are conducted along with mental health management webinars and fun quiz bees with UP merch giveaways to foster camaraderie and boost morale.

A safe learning environment through [Discord](#) is also managed where UP Diliman students may log in anytime and participate in various channels, share playlists, and chat casually if they need online study buddies.



**DLRC**  
Diliman Learning  
Resource Center



8981-8500 loc. 4622



[lrc.upd@up.edu.ph](mailto:lrc.upd@up.edu.ph)



Kamia RH, Quirino Ave., UP  
Diliman, Quezon City 1101



[@lrc.upd](#)

# Food Service

The University Food Service (UFS) serves nutritious, safe, wholesome and reasonably priced food to students, faculty, staff and guests. Supervised by professional Nutritionist-Dietitians, UFS prepares and serves value meals, as well as bakes and sells a variety of products such as cakes, pies, pastries, cookies, breads, and rolls, and provides catering services for occasions within and outside the University campus.

The UFS also offers a Practical Training Program. The UFS Training Program, which started in 1980, is accredited by the Professional Regulation Commission (PRC) as a course for those who plan to take the government licensure examination for Nutritionist-Dietitians.



89818500 loc 4638



[ufs.upd@up.edu.ph](mailto:ufs.upd@up.edu.ph)



Kalayaan Residence Hall  
Canteen, UP Diliman



[@UPFoodServiceOfficial](#)

# Maligayang pagdating sa UP Diliman, freshies!



Oblation image (back cover) from UP Diliman Information Office.  
Sunflowers image (back cover) from Philippine Daily Inquirer.  
Quezon Hall animated image (front cover) from UP Diliman Information Office.  
Student vector image (front cover) from vecteezy.